San Diego Shoulder

How To Use This Guide Book

1. Find the presentation you want to review.
2. Note the disc number containing the presentation. Insert that disc into your computer or DVD player.

3. The menu on each disc will have 2 options: "Play All Presentations" and "Select Individual Presentation."

4. If you want to hear all talks click on "Play All Presentations."

5. If you want to hear only one talk click on "Select Individual Presentation." A list of all presentations on that disc will be displayed. Click on the talk you want to hear.

For Example:

If you would like to hear the presentation by Dr. Castagna on “Present and Future Options for Glenoid Replacement," insert Disc #1, click on "Select Individual Presentation," click on the icon with Dr. Castagna’s presentation title and the presentation will begin.
DISC1 - Shoulder Arthroplasty

Ekelund  Trends in Shoulder Arthroplasty-
         Data from the Swedish Shoulder Arthroplasty Registry

Friedman  Technical Pearls to Improve the Outcome of Primary Shoulder Arthroplasty

Bell       Arthroplasty and Arthroscopic Options in the Young Patient:
          Evidence and Opinion

Grey       Arthroplasty Options for the Elderly Patient

Lederman   Subscapularis Repair Options

Ricchetti  Preop Planning Including Computer Guides

Castagna  Present and Future Options for Glenoid Replacement

Athwal     What’s New with the B2?

Ekelund    Platform Shoulder Systems: Good or the Easy Way Out

Romeo      Clinical Case Panel I

DISC1 - Reverse Shoulder Arthroplasty (Part 1)

Bishop     What You Should Know Before Doing Reverse TSR in Your Practice
San Diego Shoulder

Ekelund  Management of Reverse TSR Complications
Levy    Why Use a Short Stem RTSR – Outcomes
Boileau When and Why to Add a Tendon Transfer to a RTSR
Norris  New Ideas for Revision Arthroplasty

DISC2 - Reverse Shoulder Arthroplasty (Part 2)

Romeo   Pearls and Pitfalls in RTSR
Frankle Does Adding Bone Graft Influence RTSR Outcomes?
Sanchez-Sotelo Management of Instability After Shoulder Arthroplasty
Kelly   Extended Humeral Osteotomy to Remove the Difficult Stems
Warner  Planning and Executing a RTSR..
Frankle Revising a RTSR – Outcome Data
Krishnan A Potpourri of Reverse Cases and Decisions
Warner  Clinical Case Panel II

DISC2 - Rotator Cuff

Bonnarens How to Decide if Rotator Cuff Repair is Warranted for a Small Cuff Tear
Trenhaile  The Role of Acromioplasty and AC Joint Procedures in Cuff Repair

Getelman  The Isolated SS Tear: Single Row Fixation

Cole     Arthroscopic Rotator Cuff Repair: SR, DR, TR, What Do We Really Know?

Savoie    Fixing Partial Tears: How I Do It

Athwal    Recognizing and Repairing Subscapularis Tears

Ryu      Clinical Case Panel III – Audience Q&A

DISC3 - Rotator Cuff Part II: Large and Multi-Tendon Tears

Romeo    Cuff Tear Pattern Identification and How to Perform Releases

Bishop   Cuff Repair - Outcomes

Cole     Biologics as an Adjuvant to Healing: Has Bench Really Gone to Bedside?

Denard   How to Predictably Perform a Large-Massive Cuff Repair (from Visualization to Fixation)

Burkhart Getting the Cuff to Heal: The End-Point of Each Step in the Repair of Large to Massive Cuff Tears
**San Diego Shoulder**

Valenti  Tendon Transfers for Irreparable Subscapularis Tears

Ticker  The Skill of the Surgeon in Cuff Repair

Cole  Clinical Case Panel IV: Case-Based Rotator Cuff Repair: Forcing the “Experts” to Decide

**DISC3 - Rotator Cuff Part III: Failed, Massive, and Irreparable Tears**

Lee  Superior Capsule Reconstruction for Massive/Irreparable Cuff Tears

Burkhart  Repair of Massive/Irreparable Cuff Tears - Outcomes

Snyder  Patches for Massive/Irreparable Cuff Tears - Outcomes

Warner  RTSR for Massive/Irreparable Cuff Tears - Outcomes

Bedi  What About the Extras: PRP and Other Growth Factors

Field  Partial Repair for Massive Rotator Cuff Tears: Indications and Outcomes

Romeo  Clinical Case Panel V: Massive Cuff Tears
DISC4 - Instability

Ticker Do First Time Dislocators Need Surgery?

Abrams Arthroscopic Fixation of a Labral Tear: Tips for Success

Provencher What is the Glenoid Track?

Ekelund Latarjet I: What are the Important Parts of this Procedure?

Boileau Latarjet II: How to Handle the Capsule/Labrum: Fixation Options

Wahl The MECCCA Procedure

Burkhart Hill Sachs II: Bipolar Bone Loss in Shoulder Instability

Field When to do Remplissage: Does it Work and How to Do It

Athwal Latarjet, Bristow, Remplissage – Does it make a Difference?

Tokish Clinical Case Panel VI

DISC4 - Tips for Reverse TSR

Lee Biomechanics of RSA with Focus on Implant Selection

Ekelund Tips and Tricks for the Glenoid Component in Reverse Arthroplasty
San Diego Shoulder

Hartman  Dealing With Glenoid Bone Loss in Reverse TSA

Boileau  When and Why to Add a Tendon Transfer to Reverse Shoulder Arthroplasty

Ekelund  Clinical Case Panel

DISC5 - Latarjet Technique

Getelman  Managing Bone Loss in Instability

Trenhaile  Open Latarjet: Pearls for Success

DISC5 - Fractures and Proximal Humerus Fractures

Wiss  Proximal Humerus Fractures – The Role of Fixation

Basamania  Proximal Humerus Fractures – The Last Frontier Treatment with Arthroplasty

Wiss  Clavicle Fractures – Which Ones Need Surgery?

Basamania  Clavicle Case Presentations

DISC5 - Arthroscopy for Big Cuff Tears

Burkhart  Large and Massive Rotator Cuff Tears: An Overview

Denard  Subscapularis Tears
<table>
<thead>
<tr>
<th>Speaker</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Burkhart</td>
<td>Interval Slides</td>
</tr>
<tr>
<td>Burkhart</td>
<td>Cuff Repair Strategies: Single-Row, Double-Row, and Load-Sharing</td>
</tr>
<tr>
<td></td>
<td>Rip-Stop Techniques</td>
</tr>
<tr>
<td>Lee</td>
<td>Biomechanical Principles of Repair of Massive Cuff Tears, and</td>
</tr>
<tr>
<td></td>
<td>Biomechanics of Superior Capsular Reconstructions</td>
</tr>
<tr>
<td>Denard</td>
<td>SCR for Massive Irrepairable Tears</td>
</tr>
<tr>
<td>Burkhart</td>
<td>Biomechanical Validation: Restoration of Superior Capsular Stability:</td>
</tr>
<tr>
<td></td>
<td>Case Studies</td>
</tr>
<tr>
<td>Warner</td>
<td>Defining Value in 2015 Care Decisions</td>
</tr>
<tr>
<td>Wiss</td>
<td>The Trauma Surgeon’s Perspective for Proximal Humerus Fractures</td>
</tr>
<tr>
<td>Boileau/Alta</td>
<td>Considerations for Treatment of Surgical Neck Fractures v- Rods</td>
</tr>
<tr>
<td>Ekelund</td>
<td>Role of Osteotomy in Proximal Humerus Non-Unions</td>
</tr>
<tr>
<td>Valenti</td>
<td>RTSR After Failed Proximal Humerus Fractures</td>
</tr>
<tr>
<td>Basamania</td>
<td>Essential Considerations for Clavicle and Complex Fractures</td>
</tr>
<tr>
<td>Wiss</td>
<td>Essential Considerations for Non-Union Fractures</td>
</tr>
</tbody>
</table>


**San Diego Shoulder**

Ekelund  What is Evidence for Using RTSR in Proximal Humerus Fractures

Sperling  Special Considerations for Fracture Management in the Elderly Patient

Wiss  Clinical Case Panel VII

---

**DISC6 - Biceps – AC Joint – Complex Care (Part 1)**

Levy  Propionibacterium Acnes: An Etiology of Osteoarthritis

Ricchetti  Diagnosis of Indolent Infections

Kelly  Practical Approach to Infection – TSR Joint Scenarios

Sperling  Panel: Infection Case Decisions

Romeo  Biceps Today: SLAP, Tenotomy, Tenodesis – Evidence

---

**DISC7 - Biceps – AC Joint – Complex Care (Part 2)**

Hartman  Snapping Scapula Treatment

Tokish  AC Reconstruction: The Good, The Bad, and The Ugly

Sperling  Doing a TSR: Avoiding the Pitfalls – Interactive Lecture and Panel Discussion
DISC7 - Arthroscopy Skills Session Lectures

Trenhaile Setting Up Your Operating Room to Maximize Efficiency, Safety, and Effectiveness
Burns Diagnostic Shoulder Arthroscopy
Getelman Labrum Repair Basics
Denard Rotator Cuff Repair: From Single to Double Row
Ciccone How to Maximize Your Laboratory Experience

NOTES:
San Diego Shoulder 32nd Annual Course: Arthroscopy, Arthroplasty and Fractures

This activity is based on valid, reliable, and accurate information. All recommendations involving clinical medicine are based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients. All scientific research referred to, reported, or used in support or justification of a patient care recommendation conform to the generally accepted standards of experimental design, data collection, and analysis.

Release Date: 10/15
Expiration Date: 10/17

CME ACCREDITATION

This enduring material educational activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the American Medical Association (AMA) Standards. San Diego Shoulder Institute is accredited by the ACCME to provide continuing medical education for physicians. San Diego Shoulder Institute takes responsibility for the content, quality, and scientific integrity of this CME activity.

San Diego Shoulder Institute designates this enduring material educational activity for a maximum of 25 AMA PRA Category 1 credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CME credits for this enduring material course are calculated as follows:

Review of lecture presentations, course syllabus, and associated paperwork:
25 AMA PRA Category 1 Credits™