



San Diego Shoulder



Course Guide



2015

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**Arthroscopy
Arthroplasty
Fractures**

32nd Annual San Diego Course



How To Use This Guide Book

1. Find the presentation you want to review.
2. Note the disc number containing the presentation. Insert that disc into your computer or DVD player.
3. The menu on each disc will have 2 options: "Play All Presentations" and "Select Individual Presentation."
4. If you want to hear all talks click on "Play All Presentations."
5. If you want to hear only one talk click on "Select Individual Presentation." A list of all presentations on that disc will be displayed. Click on the talk you want to hear.

For Example:

If you would like to hear the presentation by Dr. Castagna on "Present and Future Options for Glenoid Replacement," insert Disc #1, click on "Select Individual Presentation," click on the icon with Dr. Castagna's presentation title and the presentation will begin.



DISC1 - Shoulder Arthroplasty

- Ekelund Trends in Shoulder Arthroplasty-
Data from the Swedish Shoulder Arthroplasty Registry
- Friedman Technical Pearls to Improve the Outcome of Primary Shoulder Arthroplasty
- Bell Arthroplasty and Arthroscope Options in the Young Patient:
Evidence and Opinion
- Grey Arthroplasty Options for the Elderly Patient
- Lederman Subscapularis Repair Options
- Ricchetti Preop Planning Including Computer Guides
- Castagna Present and Future Options for Glenoid Replacement
- Athwal What's New with the B2?
- Ekelund Platform Shoulder Systems: Good or the Easy Way Out
- Romeo Clinical Case Panel I

DISC1 - Reverse Shoulder Arthroplasty (Part 1)

- Bishop What You Should Know Before Doing Reverse TSR in Your Practice



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- Ekelund Management of Reverse TSR Complications
- Levy Why Use a Short Stem RTSR – Outcomes
- Boileau When and Why to Add a Tendon Transfer to a RTSR
- Norris New Ideas for Revision Arthroplasty

DISC2 - Reverse Shoulder Arthroplasty (Part 2)

- Romeo Pearls and Pitfalls in RTSR
- Frankle Does Adding Bone Graft Influence RTSR Outcomes?
- Sanchez-Sotelo Management of Instability After Shoulder Arthroplasty
- Kelly Extended Humeral Osteotomy to Remove the Difficult Stems
- Warner Planning and Executing a RTSR..
- Frankle Revising a RTSR – Outcome Data
- Krishnan A Potpourri of Reverse Cases and Decisions
- Warner Clinical Case Panel II

DISC2 - Rotator Cuff

- Bonnarens How to Decide if Rotator Cuff Repair is Warranted for a Small Cuff Tear

Trenhaile	The Role of Acromioplasty and AC Joint Procedures in Cuff Repair
Getelman	The Isolated SS Tear: Single Row Fixation
Cole	Arthroscopic Rotator Cuff Repair: SR, DR, TR, What Do We Really Know?
Savoie	Fixing Partial Tears: How I Do It
Athwal	Recognizing and Repairing Subscapularis Tears
Ryu	Clinical Case Panel III – Audience Q&A

DISC3 - Rotator Cuff Part II: Large and Multi-Tendon Tears

Romeo	Cuff Tear Pattern Identification and How to Perform Releases
Bishop	Cuff Repair - Outcomes
Cole	Biologics as an Adjuvant to Healing: Has Bench Really Gone to Bedside?
Denard	How to Predictably Perform a Large-Massive Cuff Repair (from Visualization to Fixation)
Burkhart	Getting the Cuff to Heal: The End-Point of Each Step in the Repair of Large to Massive Cuff Tears



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Valenti	Tendon Transfers for Irreparable Subscapularis Tears
Ticker	The Skill of the Surgeon in Cuff Repair
Cole	Clinical Case Panel IV: Case-Based Rotator Cuff Repair: Forcing the “Experts” to Decide

DISC3 - Rotator Cuff Part III: Failed, Massive, and Irreparable Tears

Lee	Superior Capsule Reconstruction for Massive/Irreparable Cuff Tears
Burkhart	Repair of Massive/Irreparable Cuff Tears - Outcomes
Snyder	Patches for Massive/Irreparable Cuff Tears - Outcomes
Warner	RTSR for Massive/Irreparable Cuff Tears - Outcomes
Bedi	What About the Extras: PRP and Other Growth Factors
Field	Partial Repair for Massive Rotator Cuff Tears: Indications and Outcomes
Romeo	Clinical Case Panel V: Massive Cuff Tears



DISC4 - Instability

Ticker	Do First Time Dislocators Need Surgery?
Abrams	Arthroscopic Fixation of a Labral Tear: Tips for Success
Provencher	What is the Glenoid Track?
Ekelund	Latarjet I: What are the Important Parts of this Procedure?
Boileau	Latarjet II: How to Handle the Capsule/Labrum: Fixation Options
Wahl	The MECCCA Procedure
Burkhart	Hill Sachs II: Bipolar Bone Loss in Shoulder Instability
Field	When to do Remplissage: Does it Work and How to Do It
Athwal	Latarjet, Bristow, Remplissage – Does it make a Difference?
Tokish	Clinical Case Panel VI

DISC4 - Tips for Reverse TSR

Lee	Biomechanics of RSA with Focus on Implant Selection
Ekelund	Tips and Tricks for the Glenoid Component in Reverse Arthroplasty



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- Hartman Dealing With Glenoid Bone Loss in Reverse TSA
- Boileau When and Why to Add a Tendon Transfer to Reverse Shoulder Arthroplasty
- Ekelund Clinical Case Panel

DISC5 - Latarjet Technique

- Getelman Managing Bone Loss in Instability
- Trenhaile Open Latarjet: Pearls for Success

DISC5 - Fractures and Proximal Humerus Fractures

- Wiss Proximal Humerus Fractures – The Role of Fixation
- Basamania Proximal Humerus Fractures – The Last Frontier Treatment with Arthroplasty
- Wiss Clavicle Fractures – Which Ones Need Surgery?
- Basamania Clavicle Case Presentations

DISC5 - Arthroscopy for Big Cuff Tears

- Burkhart Large and Massive Rotator Cuff Tears: An Overview
- Denard Subscapularis Tears

Burkhart	Interval Slides
Burkhart	Cuff Repair Strategies: Single-Row, Double-Row, and Load-Sharing Rip-Stop Techniques
Lee	Biomechanical Principles of Repair of Massive Cuff Tears, and Biomechanics of Superior Capsular Reconstructions
Denard	SCR for Massive Irreparable Tears
Burkhart	Biomechanical Validation: Restoration of Superior Capsular Stability: Case Studies

DISC6 - Fractures and Instability

Warner	Defining Value in 2015 Care Decisions
Wiss	The Trauma Surgeon's Perspective for Proximal Humerus Fractures
Boileau/Alta	Considerations for Treatment of Surgical Neck Fractures v- Rods
Ekelund	Role of Osteotomy in Proximal Humerus Non-Unions
Valenti	RTSR After Failed Proximal Humerus Fractures
Basamania	Essential Considerations for Clavicle and Complex Fractures
Wiss	Essential Considerations for Non-Union Fractures



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- Ekelund What is Evidence for Using RTSR in Proximal Humerus Fractures
- Sperling Special Considerations for Fracture Management in the Elderly Patient
- Wiss Clinical Case Panel VII

DISC6 - Biceps – AC Joint – Complex Care (Part 1)

- Levy Propionibacterium Acnes: An Etiology of Osteoarthritis
- Ricchetti Diagnosis of Indolent Infections
- Kelly Practical Approach to Infection – TSR Joint Scenarios
- Sperling Panel: Infection Case Decisions
- Romeo Biceps Today: SLAP, Tenotomy, Tenodesis – Evidence

DISC7 - Biceps – AC Joint – Complex Care (Part 2)

- Hartman Snapping Scapula Treatment
- Tokish AC Reconstruction: The Good, The Bad, and The Ugly
- Sperling Doing a TSR: Avoiding the Pitfalls – Interactive Lecture and Panel Discussion



DISC7 - Arthroscopy Skills Session Lectures

- Trenhaile Setting Up Your Operating Room to Maximize Efficiency, Safety, and Effectiveness
- Burns Diagnostic Shoulder Arthroscopy
- Getelman Labrum Repair Basics
- Denard Rotator Cuff Repair: From Single to Double Row
- Ciccone How to Maximize Your Laboratory Experience

NOTES:

San Diego Shoulder 32nd Annual Course: Arthroscopy, Arthroplasty and Fractures

This activity is based on valid, reliable, and accurate information. All recommendations involving clinical medicine are based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients. All scientific research referred to, reported, or used in support or justification of a patient care recommendation conform to the generally accepted standards of experimental design, data collection, and analysis.

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CME ACCREDITATION

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25 AMA PRA Category 1 Credits™



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