Arthroscopy
Arthroplasty
Fractures

31st Annual San Diego Course
June 18-21, 2014
Register online at: www.shoulder.com

Course Chairmen
James C. Esch, M.D., President
Matthew Provencher, M.D.

New This Year!
Specialized break-out tracks
Comprehensive Rehabilitative Program
Poster Presentations
International Panel Debates
Latarjet Cadaver Surgical Lab

LOCATION
Hilton BayFront, San Diego

Final Program
For thirty-one years, San Diego Shoulder Institute has been recognized as the undisputed best shoulder course in the world. This year promises to be our best yet. The course is customized for individuals to select tracks to maximize individual practice.

The purpose of this course is to provide strategies to equip physicians to provide the highest level of analytical, diagnostic, and treatment practice modalities specific to shoulder arthroscopy, arthroplasty, fracture management, and complex shoulder care. Bringing together expert faculty, course content focuses on known best practice, latest technological advances, and evidence-based research related to shoulder care. Physicians will benefit directly from the following formats of educational interaction:

**Lecture Sessions:**
- Our lecture faculty are renowned for being the best in the shoulder industry.
- Don’t miss the opportunity to visualize and hear current approaches and technical pearls.
- Receive immediate feedback to your questions.
- Present specific information regarding expert practice, tips and pearls to improve practice and prevent complications, and how to handle difficult cases. The sessions are dynamic and interactive.

**Panel Discussions:**
- Learn from the experts during dynamic case study presentations and discussions.

**Break Out Sessions:**
Customized Break-out Tracks (Note: individuals may select any or all portions of specific tracks):
These customized tracks are specifically designed to allow participants to achieve learning goals specific to his/her own practice. Held in small-group settings, our expert faculty lead discussions and present specific information regarding expert practice, tips and pearls to improve practice and prevent complications, and how to handle difficult cases. The sessions are dynamic and interactive.

**Arthroplasty Track:** Arthroplasty, Reverse Arthroplasty, Proximal Humerus and Clavicle Fractures, Maximizing Latarjet Techniques.

**Arthroscopy Track:** Instability, Cuff Repairs, How to Fix Big Tears.

**Evaluation and Rehabilitation of the Throwing Shoulder:**
- Visit PETCO Park Baseball Field!
- Join team physicians and staff for a didactic and on the field demonstration on prevention, evaluation and treatment of shoulder throwing injuries.

**Individualized Case Presentation Sessions:**
- Don’t miss the opportunity to present your most complex case to our panel of experts.
- Receive direct feedback regarding your most burning questions:
  - How can you improve outcomes?
  - Different surgical approaches?
  - Alternative treatment options?
  - Glean best practice strategies based on the expertise of our all-star faculty.

**Rehabilitation Special Interest Break-Out Sessions (select one):**
High-Impact Sports, Professional and Youth Athletes, Patient Assessment.

**Laboratories/Workshops:**
Receive individualized instruction in a mock surgical environment. Customize your learning experience based on your identified educational goals. Benefit from our expert faculty who will provide specific feedback to help improve your specific practice.

**Arthroscopy Skills Session:** Begin this informative session with a didactic presentation of essential tips and pearls from our experts. Then break out into your selected session to customize your learning goals. The session uses realistic shoulder models to teach bankart and scope hands-on skills.

**NEW THIS YEAR!! CADAVER ARTHROSCOPIC/ LATARJET SURGICAL LABORATORY:** This session allows participants to actively perform an arthroscopic procedure on a cadaveric specimen. Then move on to receive individualized instruction in the highly specialized latarjet technique. Our expert faculty will guide students according to learning goals and level of expertise.

**Cadaver Total Shoulder/Reverse Total Shoulder Small Group Laboratory:** This dynamic lab features world-recognized experts in total shoulder replacement/reverse total shoulder. A brief lecture covering technique essentials is followed by individualized instruction. Instruction is customized based on the learner’s skill level and identified educational goals.

**Mini-Executive Fellowship: Arthroscopic Rotator Cuff Repair:** This session is designed to teach the steps of arthroscopic rotator cuff repair using life-like models and a portable arthroscopic camera. Participants will have the opportunity to perform a complete rotator cuff repair following step-by-step demonstration by the instructor. Anchor insertion and knot tying will complete the session. Each student will receive an instructional video link several weeks prior to the course.

**Course requirements: you must bring a current laptop (preferably a MAC) to the session.**
Refer to [www.shoulder.com](http://www.shoulder.com) for more information.

**Shoulder Arthroplasty and Fracture Fixation Workshop:** This session demonstrates current techniques to treat shoulder arthritis and trauma. Participants are exposed to multiple equipment options to practice arthroplasty and fracture fixation techniques.

**Luncheon Workshop Series:**
- **Arthroscopy Luncheon Workshop:** Held Thursday, attendees will select specific equipment to view latest advances in shoulder arthroscopy.
- **Arthroplasty Workshop:** Held Friday, attendees will select equipment to review, current technological advances, and surgical techniques in shoulder arthroplasty.
Faculty

Course Director: James C. Esch, M.D. President, San Diego Shoulder Course Chairman
Matthew Provencer, M.D. Course Chairman

Jeffrey S. Abrams, M.D.
Princeton, NJ

Gregory M. Alberton, M.D.
San Diego, CA

Laura A. Alberton, M.D.
San Diego, CA

Richard L. Angelo, M.D.
Kirkland, WA

Carl Basamania, M.D.
Seattle, WA

Asheesh Bedi, M.D.
Ano Arbor, MI

Christopher T. Behr, M.D.
San Diego, CA

Richard Biama, M.D.
Redlands, CA

Bud Black, Padres Manager
San Diego, CA

Pascal Boileau, M.D.
Nice, France

Frank Bonnarens, M.D.
Louisville, KY

James Boyd, M.D.
San Diego, CA

Don A. Buford, Jr., M.D.
Dallas, TX

Stephen S. Burkart, M.D.
San Antonio, TX

Robert T. Burks, M.D.
San Diego, CA

Joseph P. Burns, M.D.
San Diego, CA

Brody Flanagin, M.D.
San Diego, CA

Dyson Hamner, M.D.
San Diego, CA

Mark A. Frankle, M.D., FACS
Princeton, NJ

Gregory M. Alberton, M.D.
San Diego, CA

Laura A. Alberton, M.D.
San Diego, CA

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San Antonio, TX

Robert T. Burks, M.D.
Salt Lake City, UT

Joseph P. Burns, M.D.
Los Angeles, CA

C. Kelly Bynum, M.D.
Montrose, CO

Gregory F. Carolan, M.D.
Beloitheim, PA

William J. Ciccone II, M.D.
Wheat Ridge, CO

Joshua S. Dines, M.D.
New York, NY

Ryan M. Dopirak, M.D.
Manitowoc, WI

Ben DuBois, M.D.
San Diego, CA

William Eves, M.D.
San Diego, CA

Larry D. Field, M.D.
Jackson, MS

Brody Flanagin, M.D.
Dallas, TX

Mark A. Frankle, M.D., FACS
Tampa, FL

Jan Fronk, M.D.
San Diego, CA

Christian Gerber, M.D.
Zurich, Switzerland

Mark Getelman, M.D.
Van Nuys, CA

Richard Greenfield, M.D.
San Diego, CA

Sean Grey, M.D.
Fort Collins, CO

R. Michael Gross, M.D.
Omaha, NE

Dan Guttmann, M.D.
Taos, NM

Kevin P. Hansen, M.D.
Roseville, CA

Andrey P. Hartman, M.D.
Oceanside, CA

Tim Hartshorn, M.D.
Manhattan Beach, CA

Heinz R. Hoeenecke Jr., M.D.
San Diego, CA

Robert Hunter, M.D.
Salida, CO

Todd Hutcherson
San Diego, CA

Philip M. Jacobs, M.D.
San Antonio, TX

Daniel Keele, M.D.
La Jolla, CA

Donald Kessler, ATC
San Diego, CA

Samani G. ("Butch") Krishnan, M.D.
Dallas, TX

Gail Kuwatanit P.T.
San Diego, CA

John Lane, M.D.
San Diego, CA

Evan Lederman, M.D.
Phoenix, AZ

Bryan Leek, M.D.
San Diego, CA

Erich Lingenfelter, M.D.
Kansas City, MO

Eddie Lo, M.D.
San Francisco, CA

Ian K. Lo, M.D.
Calgary, Alberta, Canada

Gregory J. Loren, M.D.
Encinitas, CA

William F. Luetzow, M.D.
La Jolla, CA

Joseph R. Lynch, M.D., LCDR, MC, USN
San Diego, CA

Robert Manske, P.T., DPT
San Diego, CA

Erich Lingenfelter, M.D.
Kansas City, MO

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San Diego, CA

Robert Manske, P.T., DPT
Wichita, KS

Stuart C. Marshall, M.D.
La Jolla, CA

Leslie Lebitski

Kelly Blunck, R.N.
Chief Operating Officer

Executive Assistants: Kelly Blunck, Leslie Lebitski

Reza Omid, M.D.
Los Angeles, CA

Russ Paine P.T.
Houston, TX

Bradford Parsons, M.D.
New York, NY

Russell S. Petrie, M.D.
Newport Beach, CA

Kevin Plancher, M.D.
New York, NY

Anthony A. Romeo, M.D.
Chicago, IL

Michael Rosenthal, P.T.
San Diego, CA

Benjamin D. Rubin, M.D.
Orange, CA

Richard K.N. Ryu, M.D.
Santa Barbara, CA

Joaquin Sanchez Sotelo, M.D.
Rochester, MN

Felix H. Saviole III, M.D.
New Orleans, LA

Brian Schofield, M.D.
Sarasota, FL

Adam Shafritz, M.D.
South Burlington, VT

Sarah Shubin, M.D.
Falmouth, ME

Michael Skyhar, M.D., FACS
Encinitas, CA

Stephen J. Snyder, M.D.
Van Nuys, CA

Patrick St. Pierre, M.D.
Rancho Mirage, CA

Erik Stark, M.D.
Oceanside, CA

Rich Stauffer
San Diego, CA

Howard J. Sweeney, M.D.
Glenview, IL

Jonathan Ticker, M.D.
Merriick, NY

John "T.J." Tokish, M.D., Lt. Col., USAF MC
Tripler AMC, HI

Scott W. Trenhaile, M.D.
Rockford, IL

Philippe Valenti, M.D.
Paris, France

Nikhil N. Verma, M.D.
Chicago, IL

Armando F. Vidal, M.D.
Denver, CO

Christopher J. Wahl, M.D.
San Diego, CA

Jon P. Warner, M.D.
Boston, MA

Stephen C. Weber, M.D.
Sacramento, CA

Kevin Wilk, P.T., DPT
Birmingham, AL

Michael Wirth, M.D.
San Antonio, TX

Donald Wiss, M.D.
Los Angeles, CA

Thomas Wright, M.D.
Gainesville, FL

Edmond P. Young, M.D.
San Diego, CA
WEDNESDAY, June 18, 2014

**Cadaver Total Shoulder/Reverse Small Group Laboratory (Hilton)**

**Aqua Salon**

**8:00 a.m. – 11:30 a.m.**

**Shoulder Arthroplasty Basics**

8:00  
Bringing Pre-Operative Evaluations and Images to the Operating Room  ...Bradford Parsons, M.D.

8:15  
Tips For Exposure  ...Thomas Wright, M.D.

8:30  
Tips For Revision  ...Sumant Krishnan, M.D.

8:45  
Putting It All Together: Maximizing Your Laboratory Experience  ...Anthony Romeo, M.D.

**TSR Lab Title Lead Faculty**

- **Arthrex:** Anthony A. Romeo, M.D., Evan Lederman, M.D., Matthew Provencher, M.D., Michael Wirth, M.D.
- **Biomét:** Joshua Dines, M.D.
- **DePuy Orthopaedics:** Carl Basamania, M.D., Jesse Mc Carron, M.D., Bradford Parsons, M.D., Patrick St. Pierre, M.D.
- **Exactech:** Richard Biama, M.D., Sean Grey, M.D., Felix Savoie, M.D., Thomas Wright, M.D.
- **FH Orthopedics:** Philippe Valente, M.D.
- **Styker:** Philip Jacobs, M.D., Joaquin Sanchez-Sotelo, M.D.
- **Depuy Orthopaedics:** Carl Basamania, M.D., Jesse Mc Carron, M.D., Bradford Parsons, M.D., Patrick St. Pierre, M.D.

**11:15 Questions**

**11:30 Lab ends**

**Arthroscopy Skills Session (via use of realistic shoulder models)**

**Aqua Salon**

**8:00 a.m. – 12:00 p.m.**

**Lecture Series:** Arthroscopy Basics, Indigo Lecture Hall

8:00  
Setting Up Your Operating Room to Maximize Efficiency, Safety, and Effectiveness  ...Scott Trenhaile, M.D.

8:15  
Diagnostic Shoulder Arthroscopy  ...Joseph Burns, M.D.

8:30  
Labrum Repair Basics  ...Robert Burks, M.D.

8:45  
Rotator Cuff Repair: From Single to Double Row  ...Ian K. Lo, M.D.

9:00  
How to Maximize Your Laboratory Learning Experience  ...Richard Angelo, M.D.

9:15 Questions  ...William Ciccone II, M.D.

**BREAKOUT SESSIONS (Indigo Level):**

**Arthrex:** ...Stephen Burkhart, M.D.  
**Smith & Nephew:** ...Greg Alberton, M.D., Larry Field, M.D., Robert Hunter, M.D., Scott Trenhaile, M.D., Christopher J. Wahl, M.D.

**Biomét:** ...Frank Bonnaren, M.D.  
**ConMed:** ...Douglas Buford, M.D., Joseph Burns, M.D., Stephen Snyder, M.D., Armando Vidal, M.D., Brian Schofield, M.D., Jon P.J. Warner, M.D.

**Mitek:** ...Richard Angelo, M.D., Robert Burks, M.D., Christopher J. Wahl, M.D.

**Sports Medicine:**  
**Smith & Nephew:** ...Greg Alberton, M.D., Larry Field, M.D., Robert Hunter, M.D., Scott Trenhaile, M.D., Christopher J. Wahl, M.D.

**12:00 Exhibits Open**

**Shoulder Arthroplasty**

**12:50 Welcome:** San Diego Shoulder 31st Annual Course  ...James C. Esch, M.D., Matthew Provencher, M.D.

1:00  
Shoulder Arthroplasty: Past, Present, and Future  ...Christian Gerber, M.D.

1:15  
Technical Pearls to Improve the Outcome of Primary Shoulder Arthroplasty  ...Joaquin Sanchez-Sotelo, M.D.

1:25  
Arthroplasty Options in the Young Patient  ...Michael Wirth, M.D.

1:35  
Managing Arthroplasty With Modular Components  ...Joshua Dines, M.D.

1:45  
Revision Arthroplasty with Bone Graft of Anatomical Glenoid Loosening  ...Philipe Valente, M.D.

1:55  
How I treat a B2 Glenoid in 4 minutes: Ream, Augment, or Reverse  ...Carl Basamania, M.D., Pascal Boileau, M.D., Sean Grey, M.D.

2:05  
Lessons I Have Learned From Mistakes I Have Made That You Should Not!  ...Jon P.J. Warner, M.D.

2:20  
Clinical Case Panel I: What Are Glenoid Options Today?  ...Joaquin Sanchez-Sotelo, M.D.

2:50 **Refreshment Break – Exhibit Area**

**Reverse Shoulder Arthroplasty**

**3:30 Reverse Prosthesis – What Have We Learned?**  ...Bradford Parsons, M.D.

**3:40 Steps to a Successful Reverse Arthroplasty**  ...Sean Grey, M.D.

**3:50 Combined Loss of Active Elevation and External Rotation: The Clinical Outcomes and Durability of RSA With Modified L'Epicoplo Transfer**  ...Pascal Boileau, M.D.

**4:00 Predictable Solving of Glenoid Bone Loss in RTSA**  ...Tom Norris, M.D.
4:10 Revision of a Reverse TSR
Andrew Hartman, M.D.

4:20 RTSA: Pearls to Obtain Good Results and Avoid Bad Results
Mark Frankle, M.D., FACS

4:30 How I Talk To Patients about Bad Results
Anthony Romeo, M.D.

4:40 Reverse Prosthesis: Management of Functional ER Loss
Sumant “Butch” Krishnan, M.D.

4:50 Repairing the Subscapularis may be the Enemy of a Reverse TSR
Thomas Wright, M.D.

5:05 Clinical Case Panel II: Challenging Arthroplasty Cases: What I Did. What Would You Do?
Jon J.P. Warner, M.D.

5:45 Dinner Buffet

Total Shoulder & Fracture Fixation Equipment Workshops
7:00 – 9:00 p.m. Open session: Pre-Registration is not required, Aqua Salon

Instability

8:00 Shoulder Instability: What Are We Treating?
Jon J.P. Warner, M.D.

8:15 How to Approach the First Time Dislocating Shoulder
Jonathan Ticker, M.D.

8:25 How I Fix a Labral Tear: Ten Tips for Success
Matthew Provencher, M.D.

8:35 Shoulder Instability in Throwing and Overhead Athletes
Felix Savoie III, M.D.

8:45 Posterior Instability: It’s More Common Than You Think
John M. Tokish, M.D., Lt Col., USAF MC

8:55 How To Optimize Treatment of Patients with Posterior Instability: My Approach
Anthony A. Romeo, M.D.

9:05 Clinical Case Panel III: Anterior and Posterior Instability of the Shoulder:
Let’s Take a Patient Start to Finish
Robert Burks, M.D.

9:35 Refreshment Break – Exhibit Area

Bone Loss and Instability

10:05 Identification and Treatment Options for Bone Loss
Nikhil Verma, M.D.

10:15 My Steps for an Open Latarjet: Tips For a Reproducible and Predictable Outcome
Sumant “Butch” Krishnan, M.D.

10:25 Posterior Glenoid Bone Loss: How to Handle
Scott Trenhaile, M.D.

10:35 Considerations and Principles in the Evaluation of the Revision Instability Patient
Richard K. N. Ryu, M.D.

10:45 Anterior Instability With Massive Irreparable Cuff Tear: Don’t Forget the Trillat Procedure!
Pascal Boileau, M.D.

10:55 Failure to Validate the ISIS Score
Stephen Weber, M.D.

11:00 International Panel Debate I: Glenoid Bone Loss and the Hill-Sachs: What to Do in 2014?
John Tokish, M.D., Lt Col., USAF MC

11:30 International Panel Debate II: Revision, Failed, and Challenging Bone Loss and Instability Cases
Matthew T. Provencher, M.D.

12:00 Adjourn

12:00 – 1:30 p.m. Shoulder Arthroscopy Luncheon Workshops, Excellent faculty. Lunch provided.

Limited Registration! Sign up on our website early to secure your place.
OR (in lieu of attending a shoulder arthroscopy workshop session):
Lunch on your own

1:30-2:00 Visit Exhibits / Refreshments

Rotafor Cuff

2:00 Rotator Cuff Tears: What I Think I Know and Don’t Know
Bradford Parsons, M.D.

2:15 Essentials for Rotator Cuff Repair
Robert Hunter, M.D.

2:25 How to Fix the Cuff: Single and Double Row Techniques
Jeffrey Abrams, M.D.

2:35 My Journey to Get the Rotator Cuff to Heal: Muscle Atrophy, Fatty Changes
Christian Gerber, M.D.

2:50 Dealing With Deficient Tissue in Arthroscopic Cuff Repair
Stephen Burkhart, M.D.

3:05 Clinical Case Panel IV: Start to Finish: How to Successfully Treat a Rotator Cuff Injured Patient in 2014
Larry Field, M.D.

3:30 Refreshment Break – Exhibit Area

Rotafor Cuff

4:00 Current Outcome Studies in Rotator Cuff Disease
Bruce Miller, M.D.
**THURSDAY, June 19, 2014 (Continued)**

4:15 Beware of the Subscapularis  
Larry D. Field, M.D.

4:25 When To Use and Not Use Cuff Patches  
Stephen Snyder, M.D.

4:35 What Is The Value of SupraScapular Nerve Release in Rotator Cuff Tear Treatment?  
Kevin Plancher, M.D.

4:45 Partial Thickness Cuff Tears  
Ian K. Lo, M.D.

4:55 Defining Value in Shoulder Care: How do you Decide and What Do You Need to Know in 2014?  
Jon J.P. Warner, M.D.

5:05 Clinical Case Panel V: Them Cuffs, Them Cuffs: What to Do With These Cuff Cases  
Robert Burks, M.D.

5:35 Adjourn

**FRIDAY, June 20, 2014**

7:00 a.m.  
Registration – Continental Breakfast – Exhibits

8:00 **Cadaver Arthroscopic Surgery Laboratory**  
Perform a complete arthroscopic procedure. Then move on to perform the highly specialized open Latarjet technique. Individualized instruction. Two students per specimen.

Opening Lecture: Maximizing Your Laboratory Experience, Richard Angelo, M.D.

Director: Timothy Mologne, M.D.

Arthrex: Stephen Burkhart, M.D., Evan Lederman, M.D., Ian Lo, M.D.

Biom et: Frank Bonnarens, M.D.

ConMed: Jeffrey Abrams, M.D., Donald Bufood, M.D., Joseph Burns, M.D., Stephen Snyder, M.D.

Mitek Sports Medicine: Richard Angelo, M.D., Robert Burks, M.D., Russell S. Petrie, M.D.

Smith & Nephew: Larry D. Field, M.D., Nikhil Verma, M.D., Scott Trenhaile, M.D.

Stryker: Joaquin Sanchez-Sotelo, M.D., Armando Vidal, M.D.

12:00 p.m.  
Lab Ends

2:00 **Cadaver Total Shoulder/Reverse Total Shoulder Small Group Laboratory**  
Perform a complete procedure using the equipment of your choice. Individualized instruction. Two students per specimen.

Director: Timothy Mologne, M.D.

**Shoulder Arthroplasty Basics**  
Moderator: Anthony Romeo, M.D.

2:00 Bringing Pre-Operative Evaluations and Images to the Operating Room  
...Bradford Parsons, M.D.

2:15 Tips For Exposure  
...Sean Grey, M.D.

2:30 Tips For Revision  
...Sumant Krishnan, M.D.

2:45 Putting It All Together: Maximizing Your Laboratory Experience  
...Anthony Romeo, M.D.

**Cadaver Laboratory:**

Arthrex: Anthony A. Romeo, M.D., Evan Lederman, M.D.

Biom et: A sheesh B edi, M.D.

DePuy Orthopaedics: Carl Basamania, M.D., Michael Wirth, M.D.

DJO: Mark A. Frankle, M.D., FACS, Andrew Hartman, M.D., Mark Mighell, M.D., Patrick St. Pierre, M.D.

Exactech: Richard Biaima, M.D., Sean Grey, M.D.,

FH Orthopedics: Philippe Valenti, M.D.

Stryker: Philip Jacobs, M.D., Joaquin Sanchez-Sotelo, M.D.

Tornier: Pascal Boileau, M.D., Heinz Hoe necke Jr, M.D., Sumant “Butch” Krishnan, M.D., Tom Norris, M.D.

Zimmer: Christian Gerber, M.D., Bradford Parsons, M.D., Erich Lingenfelter, M.D.

5:30 Lab Ends

**Evaluation and Rehabilitation of the Throwing Shoulder**  
Bus leaves outside lower level entrance lobby at 8:15 a.m.

NOTE: ALL REGISTRANTS MUST BE ON BUS TO GAIN ACCESS TO THE SESSION!

Session: 8:30 a.m. – 12:00 noon  
A focused and customized session taught by Major Baseball Team Members:

Join San Diego Padres and Baseball Club Team Members: Heinz Hoe necke Jr., M.D., (Head Physician), Jan Fromek, M.D. (Assisting Team Physician), Daniel Keefe, M.D., Bud Black (Manager), Todd Hutcheson (Head Trainer), Rick Stauffer (Head Physical Therapist), Gail Kuw atani, P.T., and Padres Team Players.

Session features an on-field demonstration.

**Special Track Break-Out Sessions:** Individuals may register for one or all sessions. These sessions provide a dynamic, robust, and customized format based on individualized interest. Email your burning questions to SDSI prior to the course!

**Arthroplasty:**

8:00 Proximal Humerus and Clavicle Fractures: Carl Basamania, M.D., Donald Wiss, M.D.

10:00 TSR/ Reverse TSR: Mark Frankle, M.D., Christian Gerber, M.D., Michael Wirth, M.D.

2:15 Latarjet: Open or Closed

Pascal Boileau, M.D., Christian Gerber, M.D., Mark Getelman, M.D.

**Arthroscopy:**

8:00 Instability: A sheesh Bedi, M.D., Scott Trenhaile, M.D.

10:00 Cuff Repairs: Robert Burks, M.D., Larry Field, M.D.

2:15 How to Fix Big Tears: Stephen Burkhart, M.D., Larry Field, M.D., Ian Lo, M.D.

2:30-4:00 Mini-Executive Fellowship: Rotator Cuff Repair Using the SCOI ROW TECHNIQUE  
Joseph Burns, M.D., Stephen Snyder, M.D.

You will be required to bring your own current laptop (preferably a MAC) to this session.

2:15-4:15 Case Presentations: Andrew Hartman, M.D., Richard K.N. Ryu, M.D., Felix Savoie, M.D.

Bring your most challenging case and present to our expert panel. Submit your case to SDSI in power point format prior to the course. Cases should include patient history, treatment approach, radiographic images, and questions for our faculty. No patient identifiable information may be included. Cases limited to 8 slides per case.
LECTURE

Shoulder Rehabilitation: Providing Optimal Rehabilitative Care: From Pathology to Rehabilitation and Beyond

Matthew Provencher, M.D.

8:00 Introductions and Today’s Plan
Matthew Provencher, M.D.

8:15 Evidenced-Based Shoulder Rehabilitation in 2014: What Do We Know?
Robert Manske, P.T., DPT

8:30 Optimizing Postoperative Care Following Anterior Stabilization
Jesse McCarron, M.D.

8:45 Optimizing Outcomes Following Rotator Cuff Repair Surgery
Kevin Wilk, P.T., DPT

9:00 What is a Frozen Shoulder?
James C. Esch, M.D.

9:15 How Important is the Scapula? How To Train the Scapula
Russ Paine P.T.

9:30 Clinical Case Panel VI: The Challenging Stiff and Painful Shoulder: How Much Should Be Done?
Matthew Provencher, M.D.

9:00 Refreshment Break

Shoulder Rehabilitation Part II: Special Topics

10:30 Soft Tissue Techniques: Taping of the Scapula and Shoulder
Robert Manske P.T., DPT

10:50 The Overhead Athlete: Recent Advances in Treatment:
Kevin Wilk, P.T., DPT

11:10 Treating the Overhead Athlete: Preparation to Play
Felix Savoie, III, M.D.

11:30 Clinical Case Panel VII: The Challenge of Post Operative Stiffness
Russ Paine P.T.

12:15–1:45 Shoulder Arthroplasty Luncheon Workshops
Excellent faculty. Lunch provided.
Limited Registration! Sign up on our website early to secure your place.
OR 12:00 a.m. – 2:00 p.m. (in lieu of attending a break-out workshop session):
Lunch on your own

10:00

Shoulder Rehabilitation Part III: Special Topics

2:00 The Making of a Special Warfare Individual: Why is This So Hard?
Don Kessler, ATC

2:15 Shoulder Injuries in Elite Athletes (From Special Warfare to the Pro Teams - Why Do Injuries Happen and What Can We Do To Prevent?}
Michael Rosenthal, P.T.

2:30 Sport-Specific Training Tips:
Kevin Wilk, P.T., DPT

2:50 Clinical Case Panel VIII: Difficult Cases: Post-Operative and Non-Operative
Nikil Verma, M.D.

3:30-4:30 Special Topic Break-Out Sessions: Pre-Registration Required. Select one of the sessions below

Assessment of High-Impact Sports Performance Training (Cross Fit, Weigh Lifting, Elite)
Benjamin Rubin, M.D., Robert Manske, P.T., DPT

Patient Assessment and Development of a Plan of Care
Heinz Hoeenoeke, M.D., Nikil Verma, M.D., Christopher Wahl, M.D., Don Kessler, ATC

3:40 Adjourn

FRIDAY, June 20, 2014 (Continued)

SATURDAY, June 21, 2014

Shoulder Fractures: From Pathology to Rehabilitation and Beyond

Matthew Provencher, M.D.

8:00 Introductions and Today’s Plan
Matthew Provencher, M.D.

8:15 Evidenced-Based Shoulder Rehabilitation in 2014: What Do We Know?
Robert Manske, P.T., DPT

8:30 Optimizing Postoperative Care Following Anterior Stabilization
Jesse McCarron, M.D.

8:45 Optimizing Outcomes Following Rotator Cuff Repair Surgery
Kevin Wilk, P.T., DPT

9:00 What is a Frozen Shoulder?
James C. Esch, M.D.

9:15 How Important is the Scapula? How To Train the Scapula
Russ Paine P.T.

9:30 Clinical Case Panel VI: The Challenging Stiff and Painful Shoulder: How Much Should Be Done?
Matthew Provencher, M.D.

9:00 Refreshment Break

Shoulder Rehabilitation Part II: Special Topics

10:30 Soft Tissue Techniques: Taping of the Scapula and Shoulder
Robert Manske P.T., DPT

10:50 The Overhead Athlete: Recent Advances in Treatment:
Kevin Wilk, P.T., DPT

11:10 Treating the Overhead Athlete: Preparation to Play
Felix Savoie, III, M.D.

11:30 Clinical Case Panel VII: The Challenge of Post Operative Stiffness
Russ Paine P.T.

12:15–1:45 Shoulder Arthroplasty Luncheon Workshops
Excellent faculty. Lunch provided.
Limited Registration! Sign up on our website early to secure your place.
OR 12:00 a.m. – 2:00 p.m. (in lieu of attending a break-out workshop session):
Lunch on your own

10:00

Shoulder Rehabilitation Part III: Special Topics

2:00 The Making of a Special Warfare Individual: Why is This So Hard?
Don Kessler, ATC

2:15 Shoulder Injuries in Elite Athletes (From Special Warfare to the Pro Teams - Why Do Injuries Happen and What Can We Do To Prevent?}
Michael Rosenthal, P.T.

2:30 Sport-Specific Training Tips:
Kevin Wilk, P.T., DPT

2:50 Clinical Case Panel VIII: Difficult Cases: Post-Operative and Non-Operative
Nikil Verma, M.D.

3:30-4:30 Special Topic Break-Out Sessions: Pre-Registration Required. Select one of the sessions below

Assessment of High-Impact Sports Performance Training (Cross Fit, Weigh Lifting, Elite)
Benjamin Rubin, M.D., Robert Manske, P.T., DPT

Patient Assessment and Development of a Plan of Care
Heinz Hoeenoeke, M.D., Nikil Verma, M.D., Christopher Wahl, M.D., Don Kessler, ATC

3:40 Adjourn

7:00 a.m. Continental Breakfast – Exhibit Hall

Fractures

8:00 Locking Plate: The Trauma Surgeon’s Perspective
Donald Wiss, M.D.

Pascal Boileau, M.D.

8:30 Clavicle Malunion and Non-Union: How to Prevent and How To Treat
Carl Basamania, M.D.

8:45 Nonunion and Malunion of the Proximal Humerus: When to Intervene and What to Do
Donald Wiss, M.D.

9:00 Where Does Arthroplasty Fit in Fracture Care?
Bradford Parsons, M.D.

9:15 The Importance of Tuberosity Healing in Reverse Shoulder Arthroplasty When Treating Proximal Humerus Fractures in Patients Over 70 Years Old
Pascal Boileau, M.D.

9:30 Clinical Case Panel IX Proximal Humerus Fractures Easy to Hard
Jon J.P. Warner, M.D.

10:00 Refreshment Break

Indigo Foyer

Massive Cuff Tears – Biceps – TSR Problems

10:30 What is a SLAP II Tear?
Asheesh Bedi, M.D.

10:45 SLAP Tears and Biceps Tendonitis
Anthony Romeo, M.D.

11:00 Case Presentations
Timothy Mologne, M.D.

11:30 AC Separation: What We Have Learned in 2014 to Maximize Patient Outcomes
Mark Mighell, M.D.

11:45 Sternoclavicular Instability: Technical Pearls
Joaquin Sanchez-Sotelo, M.D.

12:00 Shoulder Fusion: My Technique
Gregory Carolan, M.D.

12:10 Can You Do a Reverse Without a Deltoid?
Andrew Hartman, M.D.

12:20 Clinical Case Panel X: Biceps, AC, SC, and Other Shoulder Problems
Sumant “Butch” Krishnan, M.D.

12:45 Final Thoughts
James C. Esch, M.D., Matthew Provencher, M.D.

1:00 Adjourn
Tuition
The physician registration fee of $1,250 is inclusive of course lectures, the Wednesday PM Workshop, the course syllabus, and meals and refreshments provided by the course. All other sessions require pre-registration and fees as detailed on the registration form.

Refund
Refunds will be subject to a non-refundable $100 processing fee. Requests for refunds must be received in writing at the San Diego Shoulder Institute office. No refunds will be issued after May 31, 2014.

CME ACCREDITATION
This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the American Medical Association (AMA) standards. San Diego Shoulder Institute is accredited by the ACCME to provide continuing medical education for physicians. San Diego Shoulder Institute takes responsibility for the content, quality, and scientific integrity of this CME activity.
San Diego Shoulder Institute designates this live educational activity for a maximum of 32 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CME credits for this course are calculated as follows:

- Lectures: 23 AMA PRA Category 1 Credits™
- Total Shoulder and Fracture Fixation Workshop: 2 AMA PRA Category 1 Credits™
- Arthroscopy Skills Session (Shoulder Model Lab): 4 AMA PRA Category 1 Credits™
- Cadaver Arthroscopic/ Latarjet Surgery Lab: 4 AMA PRA Category 1 Credits™
- Total Shoulder Replacement/Reverse Total Shoulder Replacement Cadaver Lab: 3.5 AMA PRA Category 1 Credits™ per session
- Special Topic Breakout Sessions: 1.5 AMA PRA Category 1 Credits™ (each)
- Evaluation and Treatment of the Throwing Shoulder: 4 AMA PRA Category 1 Credits™
- Rehabilitation Special Interest Break-out Sessions: 1 AMA PRA Category 1 Credits™ (each)
- Mini-Executive Fellowship: Rotator Cuff Repair: 2 AMA PRA Category 1 Credits™
- Case Studies: 2.5 AMA PRA Category 1 Credits™

San Diego Shoulder Institute is an approved International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS) Teaching Center. Please notify our registration staff if you are interested in completing an ISAKOS evaluation form or obtaining ISAKOS certification for this course.

Accommodations for Individuals with Disabilities
San Diego Shoulder Institute complies with the Americans with Disabilities Act. Should you need any special assistance, please contact a member of our staff at 760-940-2066 or sdsi_info@shoulder.com. Every reasonable effort will be made to accommodate your needs.

Poster Applications
SDSI is accepting abstracts for poster presentations. Submit yours today! More information is on our website www.shoulder.com

San Diego Shoulder “Smart Phone App” Available!
Now promoting on Facebook and Twitter!

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@SDSICourse

Registration and Check In
Tuesday, June 17, 2014 from 3:00 p.m. – 6:00 p.m.
Wednesday, June 18, 2014 from 7:00 a.m. – 6:00 p.m.
Thursday, June 19, 2014 from 7:00 a.m. – 5:00 p.m.
Friday, June 20, 2014 from 7:00 a.m. – 4:00 p.m.

Course Information
For additional information contact San Diego Shoulder Institute
Office: (760) 940-2066 / Fax: (951) 695-6801 • email: sdsi_info@shoulder.com
Register online at www.shoulder.com
Registration for Lectures: Choose One
Includes Wednesday Evening Workshops
Physicians ................................................................. $1250.00
Resident/Fellow (Letter from Chief of Service Required) ................................................................. $650.00
Allied Health (entire course) ................................................................. $650.00
Allied Health (all day Friday rehabilitation session): ................................................................. $150.00

COURSE OBJECTIVES

**Lecture Objectives:**
Upon completion of this CME activity, participants will be able to:

1. Identify strategies to improve practice strategies and outcomes of shoulder arthroplasty, arthroscopy, reverse total shoulder prosthesis, and shoulder fractures.
2. Identify options for the treatment of complex shoulder disorders.
3. Identify approaches for physical examination, diagnosis, treatment, and rehabilitation of the shoulder.
4. Identify strategies for improved surgical techniques and use of appropriate technology in the treatment of shoulder disorders.

**Laboratory / Workshop Objectives:**
Upon completion of this CME activity, participants will be able to:

1. Discuss specific steps to perform a complete procedure as covered in the laboratory/workshop.
2. State specific strategies that will be implemented in the practice setting as a result of laboratory/workshop participation.

**Wednesday**

**Arthroscopy Skills Session**
8:00 a.m. – 12:00 p.m. ................................................................. $250
List equipment choices 1-3
Arthrex  Biomet  ConMed  Mitek Sports Medicine
Smith & Nephew  Stryker  Zimmer

**Cadaver Total Shoulder/Reverse Total Shoulder Small Group Labs**
8:00 a.m. – 11:30 a.m. ................................................................. $600
(List equipment choices 1-3)
Arthrex  Biomet  DePuy Orthopaedics  DJO  Exactech
FH Orthopedics  Stryker  Zimmer

**Friday**

**Cadaver Arthroscopic/Latarjet Surgical Laboratory**
8:00 a.m. – 12:00 p.m. ................................................................. $650
Arthrex  Biomet  ConMed  Mitek Sports Medicine
Smith & Nephew  Stryker

**Cadaver Total Shoulder/Reverse Total Shoulder Small Group Labs**
(List equipment choices 1-3)
2:00 p.m. – 3:30 p.m. ................................................................. $600
Arthrex  Biomet  DePuy Orthopaedics  DJO  Exactech
FH Orthopedics  Stryker  Zimmer

**Case Presentations**
2:15 p.m. – 4:15 p.m. ................................................................. n/c
Refer to program or SD SI web site for session participation guidelines
(See course description page for session details.)

**Special Track Break-Out sessions:**

**Arthroplasty:**
Proximal Humerus and Clavicle Fractures
8:00 a.m. ................................................................. n/c
TSC Reverse TSR
10:00 a.m. ................................................................. n/c
Maximizing Latarjet Techniques
2:15 p.m. ................................................................. n/c

**Arthroscopy:**
Instability
8:00 a.m. ................................................................. n/c
Cuff Repairs
10:00 a.m. ................................................................. n/c
How to Fix Big Tears
2:15 p.m. ................................................................. n/c

**Rehabilitation Special Interest Break-Out Sessions (select one):**
3:30 p.m. – 4:30 p.m.
High Impact Sports Performance Training ................................................................. n/c
Patient Assessment ................................................................. n/c
Special Considerations for the Professional or Youth Athlete ................................................................. n/c

**Mini-Executive Fellowship:**
Rotator Cuff Repair
Registrants must bring their own laptop to this session. Instructional video included.
2:30 p.m. – 4:00 p.m. ................................................................. $150

**Evaluation and Rehabilitation of the Throwing Shoulder (PETCO Park)**
8:30 a.m. – 12:00 noon ................................................................. $125

**2014 DVD for Course Registrants:** ................................................................. $250
DVD CME ACCREDITATION

The DVD series is inclusive of all course lectures and a detailed course syllabus. This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the American Medical Association (AMA) standards. San Diego Shoulder Institute is accredited by the ACCME to provide continuing medical education for physicians. San Diego Shoulder Institute takes responsibility for the content, quality, and scientific integrity of this CME activity.

San Diego Shoulder Institute designates this enduring material educational activity for a maximum of 23 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DVD Date of Release: 10/01/14
DVD Expiration Date: 10/01/16

Learning Objectives

After completing this DVD course, participating physicians will be able to:

1. Identify indications and treatment options for:
   - 1. total shoulder replacement
   - 2. bone loss
   - 3. reverse total shoulder replacement
   - 4. instability
   - 5. SLAP repair
   - 6. rotator cuff repair
2. Identify strategies to improve outcomes for shoulder arthroscopy, arthroplasty, reverse total shoulder prosthesis, and shoulder fractures.
3. List measures to improve surgical technique in the treatment of shoulder disorders.
4. Identify approaches for the physical examination, diagnosis, treatment, and rehabilitation of the shoulder.
5. Identify treatment options for:
   - 1. proximal humerus fractures
   - 2. AC separations
   - 3. complex fractures
   - 4. massive cuff tears

How to Order Your DVD!

• DVD ..................................................................................................................................... $600
  CA Residents Include 8.75% sales tax .................................................................................. ($52.50)
  San Diego County Residents Include 9.00% sales tax .......................................................... ($54.00)

Please add shipping as follows:
• Shipping U.S. (except Alaska, Hawaii & Puerto Rico) ............................................................ $25
• Shipping to Alaska, Hawaii, & Puerto Rico .............................................................................. $100
• Shipping Outside U.S. .......................................................................................................... $100

To order your 2014 DVD please go to www.shoulder.com and click on the DVD link.

For additional information, please contact the San Diego Shoulder Office at 760-940-2066 or sdsi_info@shoulder.com
Hilton BayFront, San Diego
One Park Boulevard • San Diego, California 92101
☎️ (619) 564-3333 or (800)-HILTONS (800-445-8667)

Rooms can be reserved at the Hilton Bayfront San Diego online at www.shoulder.com, by visiting www.HiltonSanDiegoBayfront.com or at one of the phone numbers above. Use group code SDSS when making your reservations. A block of rooms has been reserved for June 16-23, 2014. The special room rate of $259 per night for a single/double room will be available until May 17, 2014. Rooms available at the group rate are subject to availability.

Rising 30-stories above San Diego Bay, the Hilton San Diego Bayfront is a spirited blend of San Diego’s coastal influences, style, innovation, and of course the city’s unmistakable vibe. Inspirational local art throughout the hotel draws upon light, wind and the San Diego Bay waterfront to create dramatic, uplifting spaces. With light hues, clean lines, and an awakened design, there is a flow and pulse to everything. Also enjoy magnificent San Diego Bay and city views from our lobby and 1,190 spacious guestrooms and 30 suites. Each room at the Hilton San Diego Bayfront has a bay view and features Hilton’s Serenity Collection bed and linens, the finest amenities such as Peter Thomas Roth Clinical Skin and Hair products, and the latest technology.

Other highlights of the hotel include:

- San Diego’s first and only saltwater hotel pool, located directly alongside San Diego Bay.
- A 4.3-acre park and waterfront promenade with a lush variety of trees and plants.
- Spa Aquazul and fitness center, a therapeutic ocean oasis offering an elaborate range of relaxation and renewal.
- Direct access to biking, walking and boating along the San Diego Embarcadero and on San Diego Bay.
- Guestrooms average a spacious 365 sq. feet and come equipped with a large work desk.
- Full service UPS Store/Business Center located on the third floor of the property.
- A Starbucks Coffee Shop located on the first floor of the property.

Directions to the hotel:

From San Diego International-Lindbergh Field:
Out of airport follow signs for Interstate 5/downtown. The ramp will put you on Harbor Drive going south.
Continue to Park Blvd., turn right.
Distance from Hotel: 3 mi.
Drive Time: 10 min.

Driving South on Interstate 5:
Take Front Street exit.
Continue on Front St. until you reach Harbor Drive, turn left.
Continue to Park Blvd., turn right.